



**ANNEX 1**

**Screening programme 3: women aged 60 and over**

**Frequency: every 2 years**

Our references: [reference]  
 Beneficiary: [first name, surname]  
 Staff/pension No: [xxxxxxx]  
 Valid until: [date of end of cover or 18 months]

**To be completed by the doctor at the initial consultation**

**'Standard' tests**

+ Initial consultation (with your own GP or with a GP at an approved centre): detailed medical history + physical examination (blood pressure, weight, height, BMI)

- Dermatological examination to screen for melanoma
- Ophthalmological examination (visual acuity test / optical correction and tonometry)
- Blood test
  - o Total cholesterol, HDL, LDL
  - o HIV (serology) (unless written refusal from the participant)
  - o Fasting glycaemia or glycated haemoglobin
  - o Haemoglobin, haematocrit and red blood cell count
  - o Leucocytosis and leucocyte count, platelets
  - o Creatinine, uric acid, potassium, calcium
  - o GOT, GPT, gamma GT
- Urine analysis: albumin + urinary glucose
- Examination by a cardiologist: electrocardiogram at rest and during exercise (if advised by the doctor, cf. cardiovascular risk)
- Gynaecological consultation and cervical smear test
- Colposcopy if necessary
- Mammography (up to age 75)

+ Closing consultation (with your own GP or with a GP at an approved centre):

**Additional tests (optional)**

- Hepatitis B - Hepatitis C - Syphilis (serology)
- PCR test for chlamydia and gonorrhoea
- Examination of the colon (up to age 75):
  - o Faecal immunochemical test based on a single sample and optical colonoscopy EVERY 10 years
  - o or virtual colonoscopy EVERY 10 years
- Bone density scan (DEXA)(once only)

**Tests refused by the participant:**

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**Final report to be sent to:**

- Participant's address:  
 .....  
 .....
- GP's address:  
 .....  
 .....

Date:

Doctor's signature/stamp:

Participant's signature (for agreement):

- For any test not included in this programme, the participant must submit a separate request for prior authorisation.
- This document and Annex 2, completed and signed, must be attached to the invoice (approved centre) or to the request for reimbursement of the initial and closing consultations (participant).